



CARR TAEKWON-DO



January 25, 2008

Dear Grandmasters, Masters, Instructors and students,

I would like to extend an invitation for you and your students to attend an I.T.F. Technical Seminar with 8th Degree Black Belt, Master Phap Lu. The seminar will be Friday April 4, Saturday April 5, and Sunday April 6, 2008. The venue is the Dartmouth North Community Center, 134 Pincrest Dr, Dartmouth NS Canada. The seminar fee will be only \$100 for the 3 day seminar.

Master Lu will be teaching in depth instruction on Coloured Belts and Black Belt patterns of Taekwon-Do, exciting sparring drills, practical self-defense techniques, theory and philosophy of Taekwon-Do. He will also be sharing some of his personal experiences traveling and assisting with our beloved founder, General Choi Hong Hi.

There will also be a special dinner banquet and presentation, on Saturday evening at 7:00pm, at the Fan's Restaurant in Dartmouth. The fee is \$25 which includes the meal, dessert, non-alcoholic beverage and gratuity.

I hope that you will be able to attend this exciting and eventful weekend.

Yours in Taekwon-Do,

Robert Carr V Dan (C-5-65)
Seminar Host